

# Lancashire Support Groups

## North Lancashire

**LHIVES**

2<sup>nd</sup> Thursday of the Month 6-9pm

Contact:

Steve Pedder 07825 207 028

## Central Lancashire

**INSPIRED**

1<sup>st</sup> Monday of the Month 6-9pm

New weekly 'family drop in' on Wednesdays

12-2pm

Contact:

Tony 01772 253840

## East Lancashire

**THRIVINE**

3<sup>rd</sup> Thursday of the Month 6-9pm

Weekly drop in Thursday 1-4pm

Contact:

Adrienne 07890 147 806

