



## Supported Housing Services

Thank you for your recent enquiry about our Supported Housing Projects in East and North Lancashire.

### **Hyndburn – East Lancashire**

St James House is a 13 bed Supported Housing Project for any individual who needs support maintaining a drug and/or alcohol free lifestyle.

It is a 13 bed facility comprising of 2 shared flats and 9 single flats. Each flat is self contained and fully furnished. Staff arrangements are in place 5 days a week 9am until 5pm, and the office is located on the basement floor of the building. St James' House is situated next to Accrington town centre and is also within a minutes walking distance of the bus and train stations.

### **Lancaster – North Lancashire**

Aldcliffe House is a 6 bed facility with shared communal amenities providing semi-structured support for any individual who needs support maintaining a drug and/or alcohol free lifestyle.

All flats are fully furnished and communal space includes large kitchen with 3 cookers and ovens, 3 sinks, ample cupboard space and dining provision. A spacious conservatory allows for quiet space and reflection whilst the lounge can be used as a space for communal meeting. There are also 3 fully fitted bathrooms in the building.

Staff are on site 9am – 5pm Monday to Friday for support. The project is located next to B&Q in the centre of town and within easy reach of all facilities.

**St James House, St James Street, Accrington, BB5 1LY**

**Tel: 01254 872761**

**Fax: 01254 300130**

**Email: [elaine.riley@inwardhouse.co.uk](mailto:elaine.riley@inwardhouse.co.uk)**

**Aldcliffe House, 50 Aldcliffe Road, Lancaster, LA1 1UJ**

**Tel: 01524 843405**

**Email: [kath.sayer@inwardhouse.co.uk](mailto:kath.sayer@inwardhouse.co.uk)**

The aim of the projects is to work through a structured process of resettlement into the community. Each tenancy is for 6 months and it is anticipated that residents will progress onto recovery services upon leaving the project.

The Licence agreement requires residents to partake in a support package. This includes attendance of group work sessions, 1:1 key work sessions, residents meetings and compliance with house rules. Residents are however, living independently within their own flat and are free to come and go from the building at their leisure.

We take a holistic approach to supporting our residents, however it is anticipated that residents will access other structured interventions such as educational and training programmes and/or voluntary work in order to prepare them for independent living. Residents are also supported in their personal choice of recovery programme such as the 12 step philosophies, smart recovery programme or any other structured intervention.

The projects are completely drug and alcohol free and all applicants who are accepted will be tested on arrival at the projects and on regular intervals thereafter. Any person in breach of this policy will be asked to leave the project. **(Please see enclosed drug and alcohol testing policy and procedure).** It is important the drug and alcohol testing policy and procedure is understood as it explains how we manage this issue and deal with the persons in breach of this policy.

### Referral Criteria

- 18yrs or over
- Drug/alcohol free for 28 days (or more) in the community
- Have a history of substance misuse issues
- Has undertaken significant treatment/education/development in understanding their addiction and remaining abstinent
- Have a housing need, and/or being released from prison (drug free)
- Applying for release on licence (Parole, HDC)
- Committed to remaining abstinent

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- Able to manage and maintain their own tenancy
- Want to realise their potential and live a pro social life in the community

## 'WHAT NOW'

If you are interested in being assessed for a place within the projects then please complete and return the enclosed documents marked '**Referral and Triage Tool.**' Once this information has been received we can then make arrangements for a staff member to carry out an assessment. It is important that we have details of any other professional who may be supporting you as we may need to contact them for information. It is beneficial therefore that you complete and return the '**Inward House Projects information sharing and consent form**' and the '**Lancashire Drug Action team informed consent for information sharing form**' detailing names, and telephone numbers. You will also be required to read, sign and return the enclosed '**Drug and Alcohol search and Detection Policy**'.

We will also require 2 supporting references. You will find 2 reference forms enclosed in the pack.

I have also enclosed the '**Support Framework**' as additional reading material so you may familiarise yourself with how things are run.

If you are still unsure or have any questions and would like to talk to a member of staff then please do not hesitate to call us on **01254 872761** or **01524 843405** or write to us at the addresses below. We are also happy to arrange a convenient time for you to visit the projects, should you require to.

Thank you

Supported Housing Staff  
Inward House Projects

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