

Solution Focused Training



Solution Focused Training for Helpers

A Solution Focused Approach engages the hard to reach.

The SF approach focuses on the persons strengths, their here and now situation and their goals.

Using this approach helpers become more productive, time effective and enable outcomes more likely to last.

The SF approach provides simple tools and skills that enable helpers to engage service users effectively.

Helpers who use SF enable young people to take control for the direction of their lives; enabling clear thinking, self esteem and competence.

Training Programme:

The training is designed to fit the context of the helpers concerned. Helpers are encouraged to explore and challenge the material to increase involvement, learning and understanding.

Training aims:

- Learn and practice essential communication tools and skills.
- Understand how to listen to and engage the hard to reach.
- Understand how to build on people's strengths.
- Develop an enabling mindset that remembers people are more than their problems.

Internationally Acclaimed:

SF is now internationally recognized across 20 countries from the UK to USA and Australia as being a core skills set for all kinds helpers.

Twenty years of practice expertise:

Gary has been a SF practitioner and trainer for 20 year. He is a qualified Social Worker and Leadership Coach. He is also is an honorary research fellow of Lancaster University and has delivered on a national program for CWDC in response to the Laming report.

Customers include:

Barnardos, Liverpool and Lancaster Universities, Lacashire CC.

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Benefits:

Time efficient

Cost effective

Outcomes designed to last.