



Working hard for carers

Lonsdale District Carers

The Cartmel Centre, Euston Road, Morecambe, LA4 5NR

01524833456 0800 1696 529

lonsdale@dcarers.freemove.co.uk

Making a Referral to Lonsdale District Carers

Are you in contact with someone who is in a caring role?

Would they benefit from specialist support?

A Carer provides unpaid care for their husband, wife, partner, child, family member or friend because that person is unable to perform daily tasks of life for themselves due to illness or disability.

Carers can experience negative impact in their lives.

We support carers in the Lancaster District by providing a range of services:

- Information, support and signposting during open drop-in sessions in Morecambe and Lancaster
- Visits service – i.e. one to one support
- 'Peace of Mind for Carers' – a contingency planning service
- Respite opportunities – e.g. outings, special events, short courses, opportunities to talk with other carers or former carers in relaxed surroundings
- Access to the internet (one to one support available)
- Therapies – aromatherapy massage
- 'Time for Me' grants – a small grant to help you in your caring role
- Counselling
- Themed group sessions – e.g. relaxation, FASD (parents with children in the Spectrum), Bereavement & Change Group, and former carers
- Meetings and Forums – bringing carers and professionals together to improve services for carers
- Dedicated / Specialist workers – e.g. Mental Health / Parent Carer
- We are a user-led organisation – all our services have developed in response to the needs of carers and former carers
- We have a robust management structure and our work is underpinned by a range of policies, e.g. Safeguarding Vulnerable People, Confidentiality with Child and Vulnerable Adult Protection, Lone Working, Equal Opportunities

Referral Form overleaf >>>>



Registered Charity Number 1070311
Working in Partnership with Lancashire County Council





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Referral Form

I would like to refer the following person to your organisation:-

Name

Address

Post Code Tel. No.

Please contact them about services that may be of interest to them.

Name

Organisation

Contact details

Please use this space if you wish to give us information you feel may be useful to us.

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Carers Need A Good Listening To!

Please send this form by free post to:

Lonsdale District Carers
FREEPOST RRYR-HLRZ-ZSKT, Morecambe LA4 5NR