

Lancaster Mental Health Liaison Team

Providing a service to the Royal Lancaster Infirmary



Children and Families

Community Services

Mental Health

Secure Services

Specialist Services

We are a team of experienced and skilled mental health nurses.

We offer specialist mental health assessments for all people aged 16 and over who are referred from the Royal Lancaster Infirmary.

**Our hours of service are:
8am-9pm Monday-Friday
8am-4pm Saturday-Sunday**

When we are not available the service is provided by the psychiatrist on-call.

The Role of the Mental Health Liaison Team

- To provide specialist mental health assessment and advice.
- To offer the opportunity to talk through current difficulties.
- To facilitate the involvement of the carer in the assessment process, if the service user wishes.

Philosophy and Values

All service users will be treated with respect, privacy and dignity.

Service users will be fully involved in discussions and decisions relating to their care.

Follow up care and advice will be individualised and take into account the personal, social spiritual and cultural needs of the user and carer.

Service users will not be discriminated against on the grounds of age, culture, gender sexuality, race or disability.

Following assessment

- A range of treatment options will be considered and discussed.
- Information can be provided regarding relevant local resources.
- The team will contact GP and if relevant the care co-ordinator.
- We will agree what actions will happen next.

You have been assessed today by:

from the mental health liaison team.

Following our discussions we agreed the following:

Useful Numbers

MIND Info Line: 0300 123 3393

Monday-Friday 9.00am-6.00pm.

A confidential service offering information support and understanding.

www.mind.org.uk

Rethink Advice Service Telephone: 0300 5000 927 or 0207 840 3188

Monday-Friday 10am-1pm. Provides confidential, independent and impartial expert advice and information.

advice@rethink.org

Samaritans: 08457 909090 24hrs a day.

Samaritans provide confidential non-judgmental emotional support.

www.samaritans.org.uk

SANE: 08457 67 80 00 6pm-11pm 365 days a year. helpline offering emotional support and information. www.sane.org.uk

NHS Direct: 0845 4647

www.nhsdirect.nhs.uk

Carers Lancashire: 0808 808 7777

www.carers.uk.org/information

Help Direct: 030 3333 1111

www.helpdirect.org.uk

