

Celebrate Recovery offers the opportunity of a fresh start, new hope, on-going support and encouragement to both men and women who have struggles with 'hurts, habits and hang-ups'.

We seek to help individuals overcome all sorts of difficulties including; overeating, grief, divorce, insecurity, gambling, control, abuse, alcohol, drugs, sexual addiction, lying, perfectionism, anger, fear, anxiety, co-dependency, overspending, procrastination, hypochondria, and various other problematic issues that many people struggle with and earnestly desire to break free from.

At Celebrate Recovery we believe that all things are possible through our higher power Jesus Christ and that real and lasting life changes are sustainable through Him. It is our sincere hope that each person will come to know and experience the love of God in a personal way and through the process of recovery, experience forgiveness, cleansing, healing, wholeness and freedom.

At the heart of Celebrate Recovery we have a tried and tested 12-step programme that through reconnecting biblical principles and the steps has been instrumental in the liberating and healing of literally thousands of people, helping them to find a new life worth living.



New Hope, New Start, New Life

Do you struggle with hurts, habits and hang-ups?

Celebrate Recovery is a 12-step community based recovery programme which is open to everyone, and offers the opportunity for a fresh start, new hope and on-going support and encouragement for both men and women who are recovering from a wide range of hurts, habits and hang-ups.


“Initially I started to go to Celebrate Recovery as it was recommended to me. I didn't expect it to change my life, from someone who was not a Christian to begin with and my life was in a bit of a mess, I can truly recommend Celebrate Recovery; it has changed my life for the better.

It has helped me to face up to issues in my life with confidence, within a secure environment

Recovery has helped me enormously to see a way forward. My wife tells me recovery has made me a nicer person.

Lancasterfmchurch

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Celebrate Recovery



12-Step Recovery for freedom from life's hurts, habits and hang-ups

Tuesday evenings 8-9.30pm

Lancasterfmchurch

Celebrate Recovery

The purpose of the Celebrate Recovery meeting is to provide a safe place every week where people can support each other as they work through 12 Steps to recovery.

A typical Celebrate Recovery meeting begins with a large group meeting where the particular lesson on one of the steps being dealt with is taught. The rest of the evening is spent in small groups which are gender specific.

Meetings are held on Tuesday evenings between 8:00 and 9:30 at Lancaster FM Church on Queen Street, Lancaster. Arrive any time from 7:30pm for refreshments.

Although the 12 Steps are studied from Step 1 you can join the programme at any point along the way.

Small Groups

The core of the Celebrate Recovery evening is the small group:

- The small group provides a safe place to share your experiences, strengths and hopes with others.
- The small group provides the opportunity to find a "sponsor" to support you in your recovery
- The small group encourages you to attend other recovery meetings that are helpful for your recovery
- The small group will not attempt to offer any professional clinical advice

For more information see

<http://www.lfmc.co.uk/index.php/celebraterecovery/crintroduction>

