



## **S.E.E.D – Support and Education for Eating Disorders**

### **PRESS RELEASE**

**19 October 2011**

SEED (Support and Education for Eating Disorders) are celebrating after reaching their target to become a registered charity.

Shelley Perry, Director and Founder of SEED said:

“This is a landmark day for us. It’s been 5 years in the making as we have strived to reach the required level of compliance needed to be recognised by the Charities Commission, but now we have that registration, it will open the doors for us to do so much more.”

“We’ve got big plans to continue to provide a comprehensive range of services through work other partners, including Beat the National eating disorders charity, Anorexia and Bulimia Care and Preston City Council but also being registered formally as a charity allows SEED to access resources and funding to develop its work from a number of new sources.”

Staffed entirely by volunteers, the charity provides provides support to people facing difficulties with food and weight, while also helping family members and carers. Through support groups, carer clinics, befriending and various other projects, SEED provides a network of support offering information, advice, education, resources and practical help to anyone affected by eating disorders.

SEED also offers opportunities to gain skills and build confidence through volunteering, recognising the value and importance of investing in volunteering to increase local employability.

**For advice, support, learn how to get involved or make a donation, please contact: -**

Lynne Deery | Service Coordinator | 0844 391 5539

Or visit our website [www.lancashireseed.btik.com](http://www.lancashireseed.btik.com)

Registered Charity No. 1144313